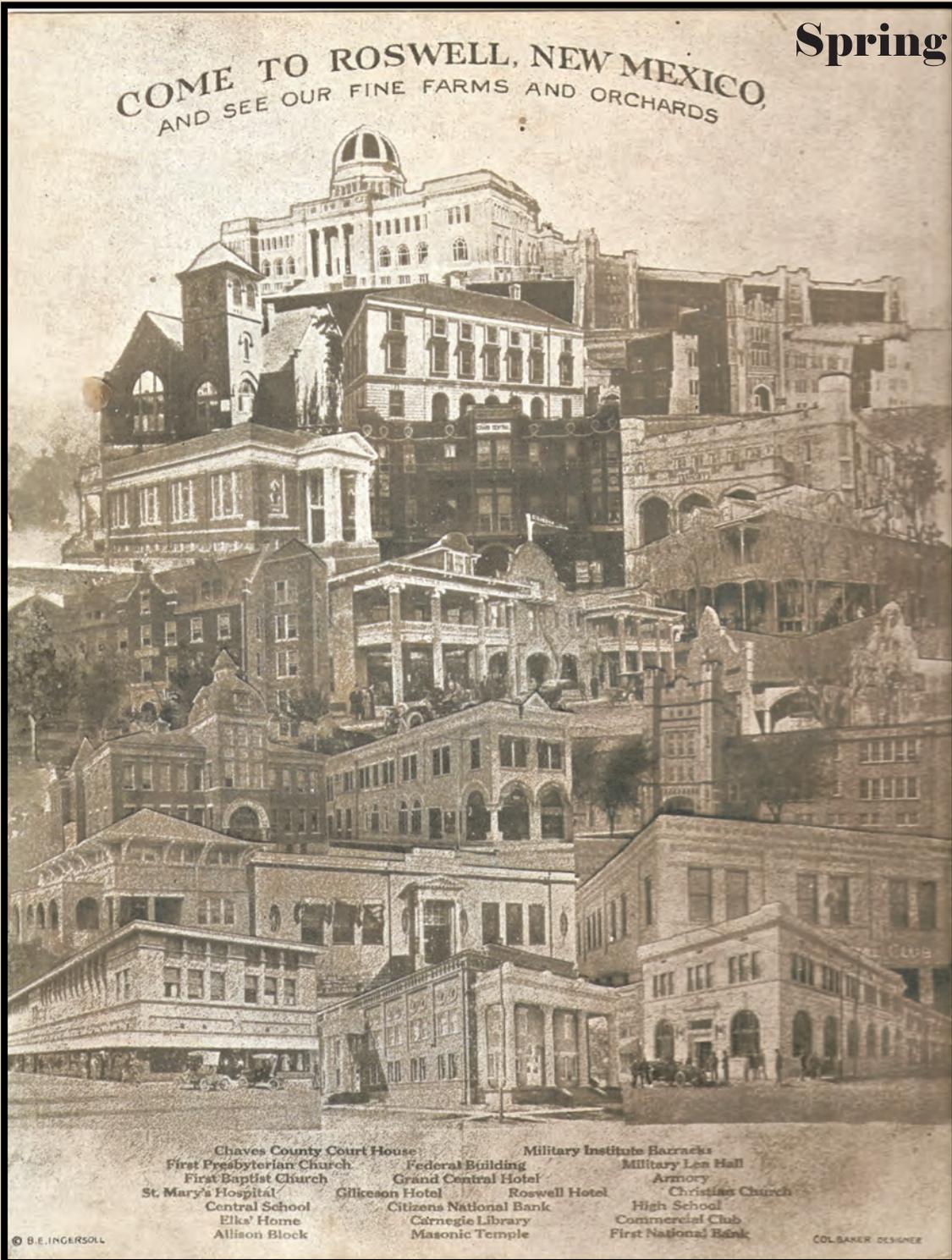


Roswell NOW

Spring 2023



**The Start of
One Historic
Year!!**



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Letter from the President

Happy Spring! 2023 is off to a great start! Fun fact- Roswell celebrates its 150th birthday this year! Happy Birthday, Roswell! Roswell Now will celebrate this momentous occasion this year by featuring articles, facts, and photos celebrating this wonderful town!

The Roswell Chamber of Commerce celebrated National Agriculture Month in March by hosting its annual Rise with Roswell Ag Breakfast at the fairgrounds. Matt “Gooder Guy” Rush was the guest speaker, and he did not disappoint! Thank you to all who attended and helped sponsor the event. Without all of you, the event would not have been a success.

Over the past few months, the Roswell Chamber has been hard at work. In January, we traveled to Santa Fe with Leadership Roswell (the first time since the pandemic), attended the Legislative Reception, made connections with old friends, and made new friends! Our members donated items for us to give out and showcase our community! Thank you to ENMC, ENMU-R, NMMI, Names & Numbers, and Kymera, for all the goodies!

In February, the Chamber traveled back to Santa Fe to attend the EDC reception and Ag Fest, and what a great time! Once again, we connected with all our agricultural friends. Thank you, Dairy Producers of New Mexico, for the milk donation. It was a huge hit!

Our Redcoats have also been busy. February was full of Ribbon Cuttings and Grand Openings. Caliche’s opened to rave reviews. Lovelace opened their Women’s Hospital Maternal Fetal Medicine Clinic. Eastern New Mexico Medical Center opened its Cardiac Center. Finally, the Redcoats were the greeters at ENMU-R’s reception for Dr. James Johnston, the Chancellor of ENMU-Portales.

By the end of the Spring Leadership Roswell, complete this year’s class with graduation in April. Be on the lookout for your opportunity to apply for the next class!

As things look up and our community is ready and eager to return to normal, we at the Chamber are bringing back some of our oldie-but-goodie monthly events. Please check out our website for details! You will not want to miss out on anything.

I cannot express how much I love and appreciate our members and this community. Without you, the Roswell Chamber of Commerce would not exist.

As I bring this issue’s letter to a close, here are a few of the quotes that are on my heart:

“It is never too late to be what you might have been.”- George Eliot

“Don’t judge each day by the harvest you reap but by the seeds you plant.”- Robert Louis Stevenson

And finally,

“Tomorrow is only found in the calendar of fools.”- Og Mandino

Happy Spring!

A Moore



ROSWELL CHAMBER OF COMMERCE



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Chamber Contact Information

Roswell Chamber of Commerce
131 W. Second St.
Roswell, NM 88201
(575) 623-5695
reception@roswellnm.org

At the Chamber, it's our business to help your business. We're here to support you and your customers. We want to help you find new customers and grow your business. We do that by promoting your product and services.

Mission

Our Mission is to Promote Economic and Social Prosperity, Business Development and Foster Community Spirit & Pride.

Vision

We're dedicated to making Roswell the very best place to live and visit. We work hard to relocate families to our beautiful city.

Get Social with Us!

Facebook: @roswell.chamber.20
Instagram: @roswellchamber
LinkedIn: Roswell Chamber of Commerce

Join our email list!

Sign up by emailing
reception@roswellnm.org

RNMM

Roswell Now Magazine

A Product of the Roswell Chamber of Commerce

2022-2023

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Mike Winters, *Pecos Valley Broadcasting*

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Kaye Whitefoot, *Dairy Producers of NM*

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2022-2023

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2022-2023

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General Jerry Grizzle, *New Mexico Military Institute*

Shawn Powell, *President of ENMU-R*

Chamber Staff

Andrea Moore, *President / CEO*

chairrcc@roswellnm.org

Kyle Whitefoot, *Membership Director*

kyle@roswellnm.org

Trace Jolliff, *Editor*

trace@roswellnm.org

Contributors

Dan Jennings

Eva McCollaum

Hedda P. Saltz

Lesli Carrera

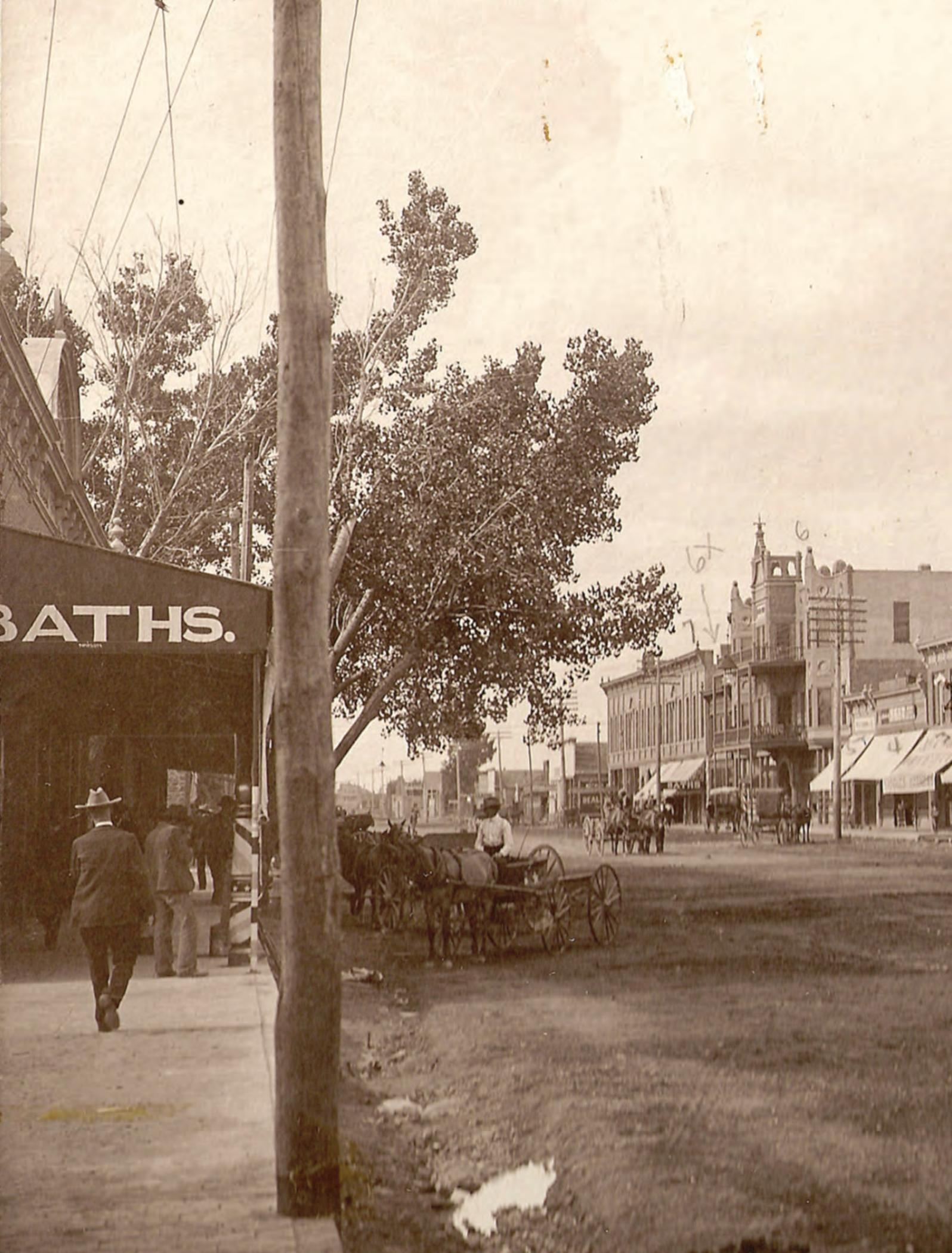
John LaMay

Tracey O'Neil

Lawrence Lowery

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BATHS.





JOYCE PRU

JOYCE & FRUIT

CELEBRITY
CIGAR

ROSWELL
DINLO'S

2

Membership Director Kyle Whitefoot

Roswell Chamber of Commerce

Meet your Membership Director Kyle Whitefoot. Kyle was born and raised in Washington State on January 6. He is an enrolled member of the Confederated Tribes and Bands of the Yakama Nation in Washington State. Kyle holds a Bachelor of Science from Montana State University in Marketing Management and Sales and is earning Master level credits towards a Master's in Business Administration. Kyle is also a certified personal trainer and is licensed in several training and exercise programs. He has had the fortunate opportunity to be a motivational speaker and share positive messages to the youth around America. He has preached and shared messages of hope in many churches throughout Canada, Washington State, Montana, and New Mexico.

Roswell has been Kyle's home since 2007 when his parents were transferred from Washington State to Artesia, NM with FLETC. During this time, in 2009, Kyle met Kaye, his future wife. They married on January 1, 2011, in Orlando, Florida. They enjoy spending time shooting guns, working out, eating good food, traveling and spending time with family and friends. Most of all spending time with their "fur babies," Roxana, Rosalie, Ruby and Reckless.

Kyle is grateful to be a part of our community. He is proud to call Roswell home.

From left to right: Kamrie Whitefoot, Kyle Whitefoot & McKenzie Whitefoot



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our office (131 W Second St.) or go on our
website (roswellnm.org).**

ROSWELL CHAMBER OF COMMERCE *Business of the Month*

January

All About Spas & Leisure Living



All About Spas and Leisure Living originally started in March of 1981 as Landmark Development LTD. Landmark was a custom home building company that served the community of Roswell, NM for 22 years before All About Spas and Leisure Living was founded in March of 2003. Landmark did not cease to exist, it is still the parent corporation of All About Spas. This unique arrangement allows for us to do full backyard design and remodeling. Additionally, we install Solara Patio covers. With Landmark's construction expertise we can offer these services in addition to All About Spas and Leisure Living selling Hot Tubs, Swim Spas, Tempur-Pedic Mattresses, Billiard Products, Outdoor Kitchens, and a host of other things. One of our backyard projects was published in Spa Retailer Magazine.

February

Otero Federal Credit Union



A credit union is a not for profit financial institution owned and controlled by the people who use its services. These people are members. Credit unions serve groups that share something in common, such as where they live, work, or go to church. These groups make up a credit union's field of membership. In the summer of 1973, the credit union expanded again by opening its first branch office in Roswell, NM at 1902 South Main. After construction of a brand new facility in the adjoining lot, the Roswell Branch office moved to its current location at 1900 South Main in 1989. This facility has continued to service the Roswell and surrounding areas to the present date.

March

Salvation Army Southwest Division



The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.



ROSWELL CHAMBER OF COMMERCE *Elite Business of the Month*



January
Grandy Marley

Gandy Marley Inc. (GMI) is New Mexico's safest full-service oilfield waste disposal and remediation facility. GMI opened in 1995 with an OCD permitted landfill, followed by a liquid stabilization unit in June of 1996. In February of 2006, GMI opened an OCD-permitted, double-lined landfill. GMI is located 40 miles East of Roswell off of highway 380. Call GMI for any oilfield waste disposal or remediation needs. 575-347-0434 or look us up online at gandymarley.com



February

Eastern New Mexico Medical Center

Eastern New Mexico Medical Center is your community healthcare provider, a 162-bed facility with inpatient and outpatient care. We believe in the power of people to create great care. We're more than 150 healthcare professionals strong. We are a Joint Commission accredited facility, and we work hard every day to be a place of healing, caring and connection for patients and families in the community we call home.



March
Central Valley Electric

CVE's service area primarily covers the rural areas of Eddy, Chaves and parts of Lea and Otero counties. Service begins 35 miles north of Roswell and extends south of Artesia to Brantley Lake and then southwest to just north of Carlsbad Caverns. Central Valley Electric Cooperative is a Touchstone Energy Cooperative. Touchstone Energy - the national brand of electric cooperatives - has core values that consumers have long associated with cooperatives: Integrity, Accountability, Innovation and Genuine commitment to their consumers.





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Media & Magazine Editor Trace Jolliff

Roswell Chamber of Commerce

Hey Roswell Now readers, I just wanted to pop in and introduce myself. My name is Trace Jolliff, I grew up in a small agricultural town in the Texas Panhandle. I have been blessed to get my bachelor's degree in Agriculture Media and Communication from West Texas A&M University. This is where my passion for writing developed. I've had the opportunity to be published in multiple magazines and was able to intern with Nation Sorghum Producers in Lubbock. During my last two years at school, I met my husband. We got married this past summer and I moved to Roswell to make it my home. Shortly after arriving, I was first introduced to the Roswell Now magazine and learned all Roswell had to offer. With my background in journalism, I wanted to get involved. I have been the editor of the magazine for almost a year now and am looking forward to growing not just the magazine, but also the community. If you have a story to share, please don't hesitate to reach out. I am always eager to hear more about Roswell and share those stories with the rest of our community.



Recognize the Signs; Save a life

By: Executive Director Lesli Carrera



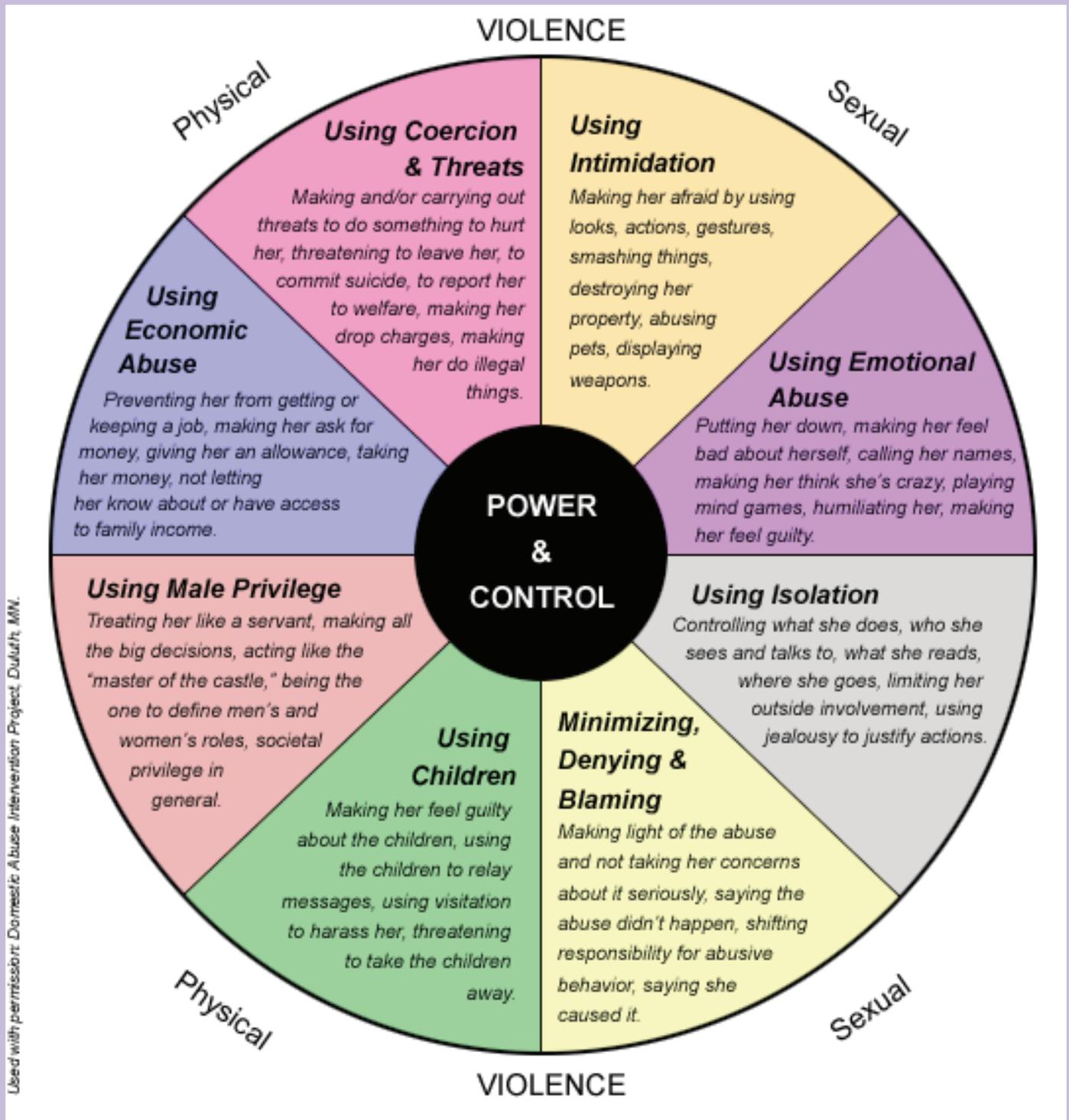
The Roswell Refuge, Chaves County's only Domestic Violence Organization, was established in 1978 after a young woman was shot and killed by her estranged husband one evening as she left work. Her co-workers joined together to provide safe transportation and accommodations for those individuals in abusive relationships. The Roswell Refuge had its humble beginnings in the basement of a local church and has since grown to our present-day facility, which can house up to 30 adults and children.

I was recently asked what we (as a community) can do to help end the amount of domestic violence that plagues our city? This is an excellent question that our organization and everyone working here at the Roswell Refuge struggle with every day. How do we put a stop to all the violence? How do we get everyone in our community involved enough actually to begin to make a difference?

Let's begin by just taking a few minutes to educate ourselves on the very basic, recognizable signs that may indicate someone you know is in an abusive situation. Be present and be aware when someone reaches out to you. Keep in touch with family members, friends, neighbors, and coworkers. Learn these basic warning signs and red flags; if you observe them, speak out and reach out. Don't stay silent. It could save a life.

Here are just a few ways that an abuser may act toward their victim:

- Always telling them they can never do anything right
- Showing jealousy of friends and time spent away
- Keeping or discouraging the person from seeing friends or family members
- Embarrassing or shaming them with put-downs
- Controlling every penny spent in the household
- Looking at them or acting in ways that make you, as a bystander uncomfortable
- Controlling whom they see, where they go, or what they do
- Preventing them from making their own decisions
- Telling them that they are a bad parent or threatening to harm or take away their children



- Preventing them from working or attending school
- Destroying their property or threatening to hurt or kill their pets
- Intimidating them with guns, knives, or other weapons
- Pressuring them to use drugs or alcohol

Before we can even think about ending domestic violence, we must be willing and able to recognize it in the first place. We must acknowledge that it is a severe and life-threatening problem. It is not a pretty picture, and there is no way to paint it as such. Whether it be the homicides of victims in our community or the graphic images we see

through the media, it is no wonder that we all may be feeling a little helpless, a little weary. However, what we cannot and must not allow ourselves to feel is complacent.

When we are bombarded with images and stories of violence, we begin to get a little desensitized. We find ourselves accepting things with the attitude of “oh well, that’s just how it is, it’s not my problem” or “if it’s so bad, then why not just leave” a question that almost anyone who has never been in an abusive relationship always asks. The answer to what seems like such a simple question, or such a simple action is anything but simple. Domestic Abuse is ALWAYS about POWER and CONTROL, and it is NOT always physical. When people realize they are in an abusive relationship, they have most likely suffered years of slow, methodic victimization.



I can sit and quote statistic after statistic about the number of domestic abuse and sexual assault cases just in our community alone, but where does that get us? We need to start with education, and we need to be willing to reach out. The first step is educating oneself on the warning signs and educating our children early on what is appropriate behavior and what is not. It will never stop if we cannot stop the cycle. So again, I ask you, how do we as a community begin to take a stand in helping end this ever-growing epidemic that affects us all?

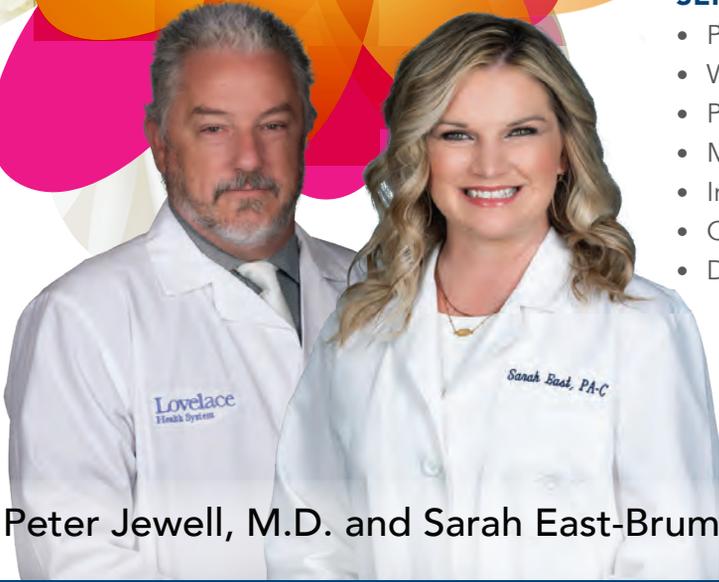
Reaching out to help someone in need is the first step in letting them know they are not alone, that there are people who care and that there is a way out! If you are aware of a verbal and/or physical situation in progress, call law enforcement. Domestic violence is a crime that relies on silence. It cannot continue if we are all watching and reporting. Let us help turn all victims into survivors.

With April approaching, we will be recognizing Sexual Assault Awareness month. We are planning our 5th annual “That 70’s Dance” with a little twist this year, “That ’70s Goes Country”. Please plan to join our fundraiser on April 14, 2023. Flyers, details, and tickets will be available soon.

Without our wonderful community’s support, we would be unable to continue to provide much-needed services to our clients and our community at large.

Please visit our website at www.roswellrefuge.org and our Facebook page at Roswell Refuge. If you or someone you know is in a violent situation, please call our 24 – hour Crisis Line @ (575) 627- 8361

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Peter Jewell, M.D. and Sarah East-Brumana, PA-C

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March is
National
Agriculture
Month



Aquaculture



Cotton



Rye Wheat

Grains



Dairy



Sheep/Goats

Chaves County is Ranked #2 in the State of New Mexico for Agriculture Products.



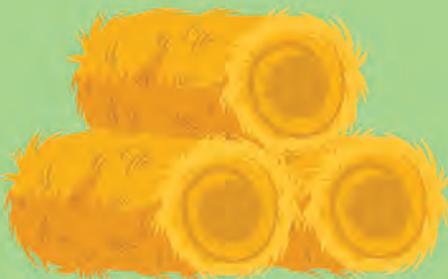
Cow/Calf



Horses



Milk



Hay



Fruits, tree nuts and berries



Lake and Bigaloe Symbols Of America

By: Hedda P. Saltz

I met Lake, a female bald eagle, on her 33rd anniversary at the Roswell Zoo. Lake lives with Bigaloe, a male bald eagle, who has been at the Zoo for 37 years. Both of these huge birds (bald eagles have a wingspan of 6 to 7 ½ feet) are rescues. Lake was rescued near Thunder Lake in Montana with buckshot in one wing. To save her life, part of the wing was amputated. Lake is unable to fly. Bigaloe has an injured tendon in one wing but can fly well enough to perch on high branches in the exhibit.

Renee Fair, the Zoo's Education Director said, "These guys, we've had since the 80's. They are actually the oldest animals here at the Zoo. Normally they live into their 40's, and the record is 60 years for a bald eagle. Their cage is the oldest exhibit in the Zoo, the first one built back when they moved over from Cahoon Park.

Their cage is next on the list of exhibits that will be improved. Their new cage will be larger and have ramps and stairs for Lake to walk up."

Zoos must have special permits to keep eagles and the permits have to be renewed each year. Bald eagles have a lot more protection than other birds since they're our national symbol. There are strict rules about their care and even rules about shed feathers. Each one must be sent to a National Repository. It's illegal to keep an eagle feather. Since these birds are sacred to many Native Americans, tribal groups are allowed to get feathers from the Repository.

Eagles mate for life and build nests called aeries which they return to every year. A nest may be 6 to 10 feet in diameter and 6 to 10 feet high. At the Spring River Zoo, Lake and Bigaloe go through this natural ritual each year. The Zoo's staff provides them with twigs and hay. Every year Lake (who is the larger bird) lays 2 to 5 eggs in the renewed nest and she and Bigaloe take turns sitting on them for 24 hours a day, for a month. They build their nest on the ground, behind a partial blind constructed from logs. Unfortunately their eggs have never been fertile but creating a nest and caring for the eggs has strengthened their bond.

When we arrived at their cage, Lake was sitting on her eggs and Bigaloe was nearby eating a rat.

He worked on that rat the whole hour of our interview. There is a heat lamp in the blind and Bigaloe was eating near the lamp. The eagles are fed every day and their diet is alternated. They get rats one day, a trout the next, and then "Zoo Hamburger". The hamburger is ground muscle meat

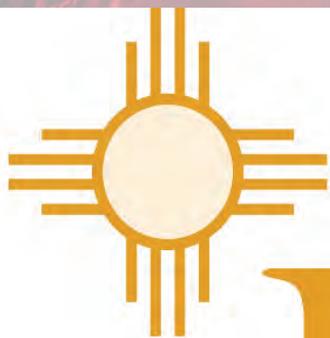




Even though Lake and Bigaloe are injured, they are thriving. They are wild and elegant birds with their distinctive white head and tail feathers. Our Founding Fathers made an appropriate choice when they selected the bald eagle as the emblem of our nation. They have a fierce beauty and a proud and independent bearing. These birds aptly symbolize the strength and grace of America. Please stop by to admire Roswell's own bald eagles the next time you are at the Spring River Zoo.

enriched with vitamins and organ meat. "In the wild, bald eagles will sometimes scavenge dead kills but prefer to catch fish, so they often nest near open bodies of water, lakes and rivers," said Fair. They perch near the water. When they see a fish near the surface they swoop down and use their talons to grab it.

"Aside from daily feeding, we regularly go in the cage and trim their talons and beaks. They use a dremel to trim their beaks. It's a three to four person job. We've found that a Carhartt jacket works very well for this. We can wrap their wings in the jacket and place the hood over their faces and they calm down very quickly. The more we do these beak and talon trims, the more used to it they are. It's not so stressful," said Fair.



PVT

PEÑASCO VALLEY TELEPHONE COOPERATIVE, INC.

ROSWELL KNOWLEDGE BOWL

The ROSWELL LITERACY COUNCIL will be conducting our annual Knowledge Bowl competition on Sunday, April 30, at 2 PM. As a fundraiser, the event is open to five person teams who think they are smarter than the rest of us. (If you think you are really smart, you may enter alone) A tax deductible donation of \$100 will ensure a table for your team, with one team from each county high school free.

Each of the two team categories, adult and high school, will be awarded a trophy to brag about for a year. After that you have to compete again.

Previous winners have been the Fraternal Order of Eagles, Roswell Mid-Day Lions Club, Roswell Sertoma Club and the New Mexico Youth Challenge. Several past winners have been friends united for a cause, looking for a good time.

Forty questions from different categories of which adult citizens should have knowledge of will determine the smartest of the smart, and refreshments will be available at halftime.

All funds raised go toward supporting the mission of the Literacy Council in Chaves County, which is to provide adult education to individuals, including US citizenship requirements.

We are also partially supported by The United Way.

We invite all service clubs, merchants, Sunday school classes, and social groups to enter a team and help us educate Chaves County.

This year it will occur on a warm Sunday afternoon at the Roswell Joy Center, West 19th and Montana, starting at 2 PM. It lasts about two hours. There is plenty of parking, with refreshments.

Maximum team attendance is 40 teams, so get your reservation with a \$100 donation to the Literacy Council, 609 W Tenth St, or call 575-626-1369.

Businesses interested in contributing by sponsoring a team may also call 575-626-1369.

All teams and sponsors will be recognized with publicity.

Any team which can answer all 40 questions will be awarded a free one way trip to Clovis or Artesia, your pick. No one ever has.

The Literacy Council actively assists the education of adults in Chaves County who are struggling with reading, writing, and mathematics. We have been doing this successfully for years by utilizing our limited funding with maximum efficiency. We are always looking for volunteer tutors who have time to help others.

If interested, call us at 575-626-1369.



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Megan Brandt, FNP-C
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Kim Hestand, FNP-C
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Jonathan Wolkwitz, PA-C
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Eastern New Mexico
MEDICAL GROUP

EasternNMPrimaryCare.com



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**Eastern New Mexico
MEDICAL GROUP**

Return to a More Elegant Time

By: Eva McCossaum



Everyone in Roswell has seen it, the stately brick mansion on the corner of Second and Lea. Most have noticed its much younger neighbor built in the same style. Together the pair house the Historical Society Museum (and Archives) of Southeast New Mexico. In a recent interview author John LeMay described people who steward these buildings and the artifacts they house.

LeMay began his association with the museum over ten years ago when he became involved with writing about New Mexico history. Through work with a website called My Strange New Mexico, LeMay found himself tapped to contribute to a book published through Arcadia Publishing, a company associated with photographic histories of places all over the United States. LeMay contacted the museum's then-director Roger Burnett. Burnett introduced LeMay to the historical archive. There LeMay met Elvis Fleming, a retired professor of History and keeper

of the museum archives. "He was gracious and taught me everything I needed to know and helped me get the photographs." When LeMay finished with the book for Arcadia, he began a whole new series of books which lead him to spend a significant amount of time in the museum.

Being much younger than most of the other volunteers, LeMay found himself drawn to the organization and soon joined the Board of Directors. "They need young people that can lift things. So, they offered me a position on the Board," LeMay says with modesty. He served as Board President at



Roswell NOW

various times which certainly requires more than mere physical strength.

Currently LeMay is shepherding the archives. He serves in cooperation with the museum's Executive Director Amy McVay Tellez. LeMay leads volunteers in preserving and cataloging the photographs, documents, and objects that comprise the archival collection. This collection serves as a vast resource for creating museum displays. It also contains thousands and thousands of photos and documents. Anyone who needs access to these can schedule an appointment to use the archives in person for one or two hours. Even researchers and authors far afield from Roswell can request information and material over the web. LeMay says there is a nominal fee authors pay to use these materials in their publications.

Though the archives offer an impressive collection, most visitors are more drawn to the main museum, the Phelps White house, finished in 1912, the same year New Mexico became a state. Inspired by Frank Lloyd Wright's Prairie Schooner, the building is the epitome of early twentieth century elegance.

For many years the museum had open hours from 1:00 to 4:00 every afternoon Monday through Friday. "The lockdown and the shifting landscape affected us in two major ways," LeMay says. For a time, no one was allowed to come at all, but as things began to re-open, there were still challenges. "Docents were wary of coming in, so we lost a lot of them." As a response to these changes, Executive Director McVay Tellez created a strategy of arranging private tours. There is an advantage to this in some ways. When possible, a tour can be arranged outside what used to be the typical hours for the museum. Further, the docent leading the tour can give exclusive attention to the tour group, focusing on what interests the group without being interrupted by other visitors. "You get more of a personalized tour that way," LeMay explains. The tours are free, but donations are (of course) appreciated.

The museum also gives school tours which can be arranged with the Executive Director. These are particularly valuable because they allow Roswell children to experience the style of living of past generations. They can see, hear, and feel what it was like to live in those quieter and more rustic (some might say, more beautiful) times.

Museum volunteers serve Roswell students in another way. The members help distribute scholarships supported by the Linda Hays Trust and additional donors. The Historical Society is accepting applications for these scholarships through March 31st of this year. There are six substantial scholarships offered centering on the themes of

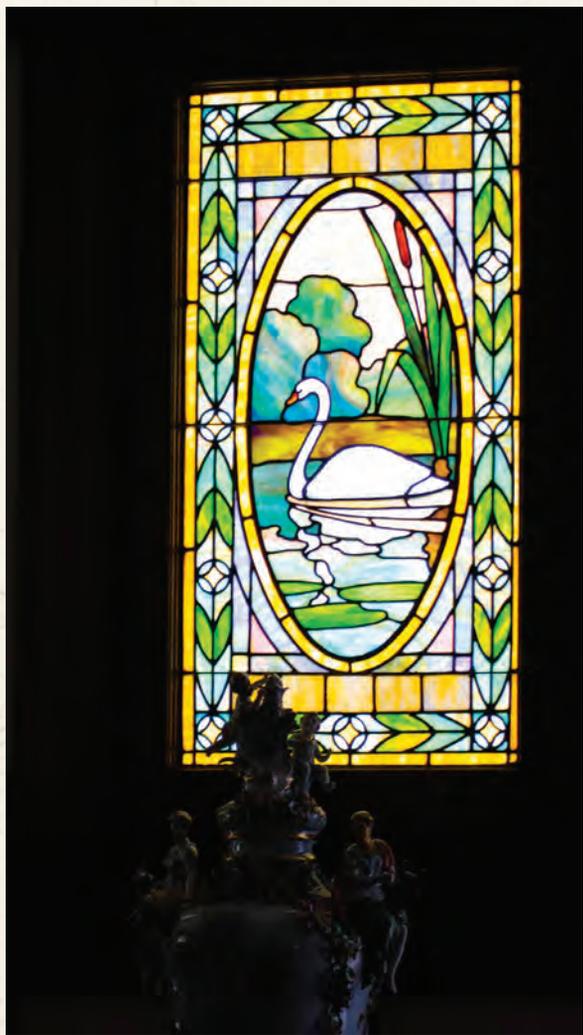
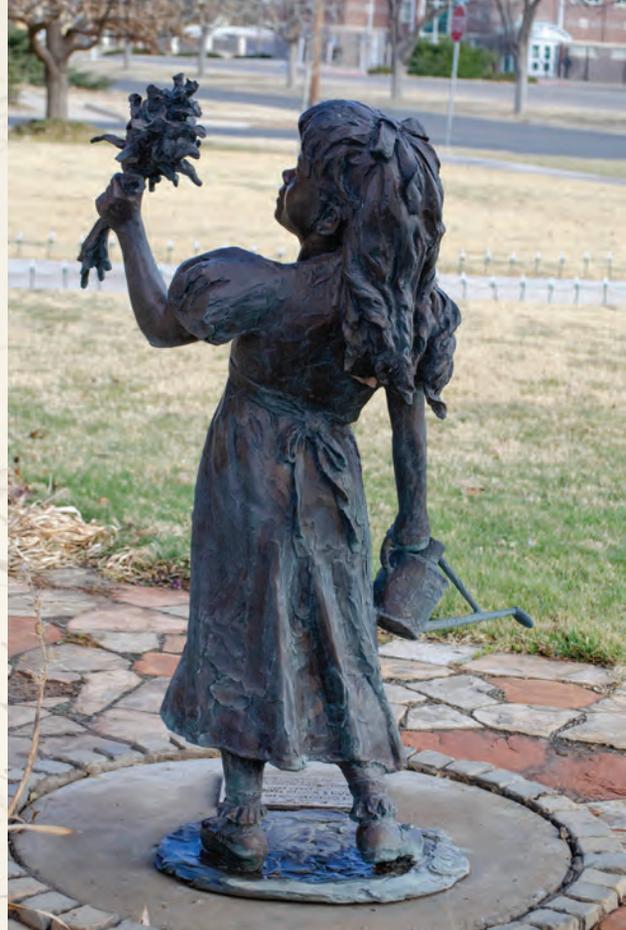


Humanities and Art, STEM Studies, Character, and Continuing Education.

The museum and archives provide excellent resources for education and entertainment for this entire region. Because it is an extensive physical campus, it requires a good deal of financial support from the community. There are a number of ways to support the organization.

Becoming a member is relatively simple. Individual memberships start at \$30 a year, and range upward to include businesses and major donors. Becoming a volunteer and offering time, energy, and enthusiasm is another great strategy. Estates can leave both monetary gifts and historical materials—photographs of historic people or places, documents, and even artifacts.

Check the website for upcoming events, like the Heritage Dinner, which has been both a sit-down affair and a drive-through one.



The Historical Society for Southeast New Mexico has enthusiastically joined the 21st century. People can find the museum and archives on their home website. They display videos and pictures on YouTube and Instagram that can be accessed for easy viewing. They are excited about several new events they are planning for the upcoming year.

John LeMay will soon be featured in a book event at the archives. Those interested can also purchase his works on the museum website along with other books from various local authors. Anyone interested in researching the materials in the archive or arranging for a tour of the museum can contact the staff by calling (575) 622-1176 or (575) 622-8333 or (575) 915-4471. Folks may also reach the organization by emailing historydirector@outlook.com.



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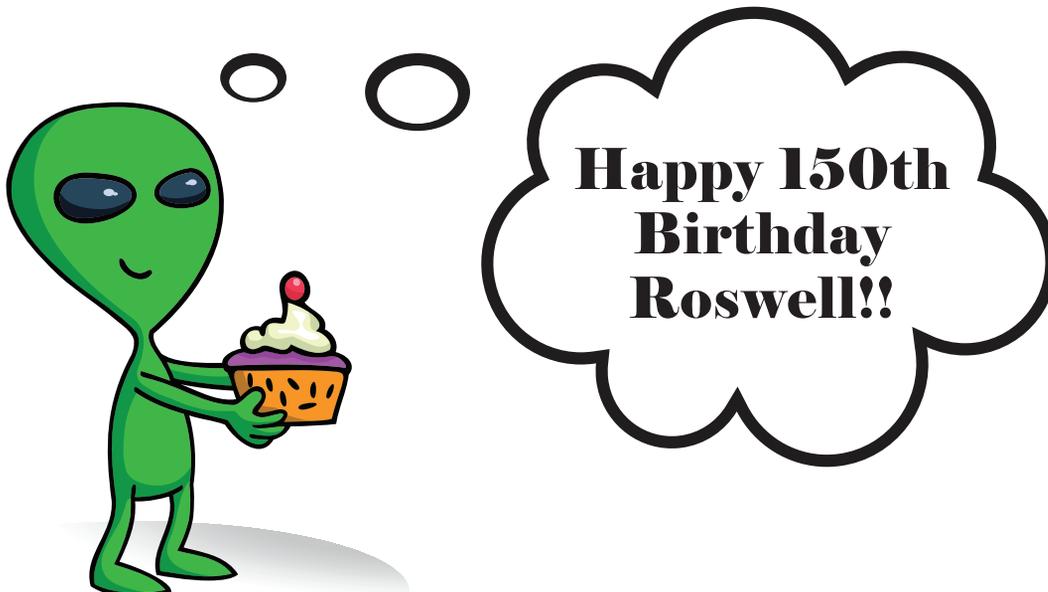
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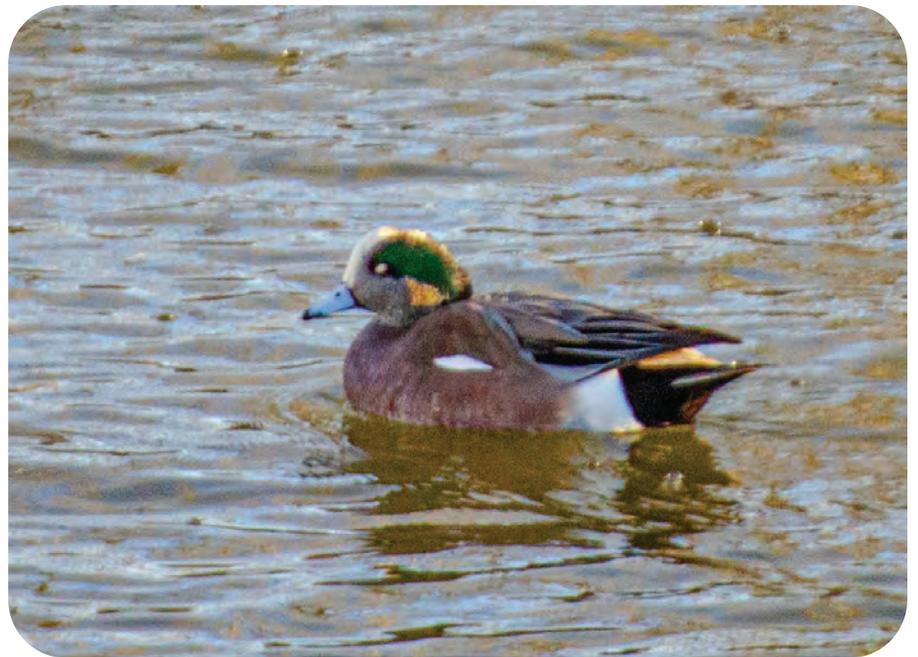
The Bird Lady Of Cahoon Park

By: Lawrence Lowery

On most mornings for the past nine years, Cindy Boswell sets out from her house with a bag of seed and cracked corn and walks the length of Cahoon Park from Washington Ave. to Sycamore Ave. and back home again – a good five mile journey. She may pause to speak with people she knows -- park “regulars” – but there are two stops she always makes: one at 4th and Montana to feed the ducks on the Spring River Golf Course; the other at the two small ponds that are part of the J. Kenneth Smith Bird Sanctuary and Nature Center. There, she checks the feeders and spreads seed for the duck colonies – the perennial domestic one and that of the migratory sojourners.

On fair days, Cahoon Park has its morning group of “regulars” who come so often that they know one another – dog walkers, bicyclists, joggers, speed walkers, tennis players. But Ms. Boswell, “the bird lady of Cahoon Park,” is different. If the other regulars don’t show up, it’s no big deal; if Ms. Boswell doesn’t show up or is late, everything passing through the park notices – especially the ducks that crawl underneath the golf course fence and waddle out into the street, looking for her. If the ducks are out, the “bird lady” hasn’t been through yet. A common morning sight is of her standing at the golf course fence across from an anxious gathering of winged friends that are scrambling for bits of corn and bird seed.

Cindy Boswell grew up in Roswell and graduated in the second class of Goddard High School. After getting her degree from New Mexico State, she came home to teach math for several years at what is now Mesa Middle School and then spent ten years teaching in Department of Defense schools on military bases, working ten years on Okinawa – a place she loved. Afterwards, she returned to Roswell to end her teaching career at University High School and at ENMUR and has since been involved with local organizations around



Spring 2023

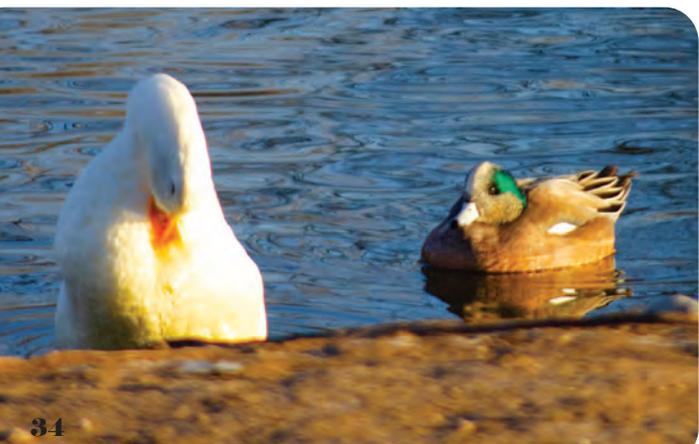
town: she worked with the Historical Society for a few years and is still on the Board of Assurance Home.

Ms. Boswell keeps a busy schedule – but the one thing she does – almost religiously – is her morning “bird walk.” She and a friend began daily walks through the park just for the exercise, and that was when she first noticed the birds. Until then, she had never been particularly interested in birds, but as she became familiar with the park birds, she grew concerned that their care – and feeding – seemed to be on an irregular, if not haphazard, basis. Feeding for the birds at the Sanctuary varied



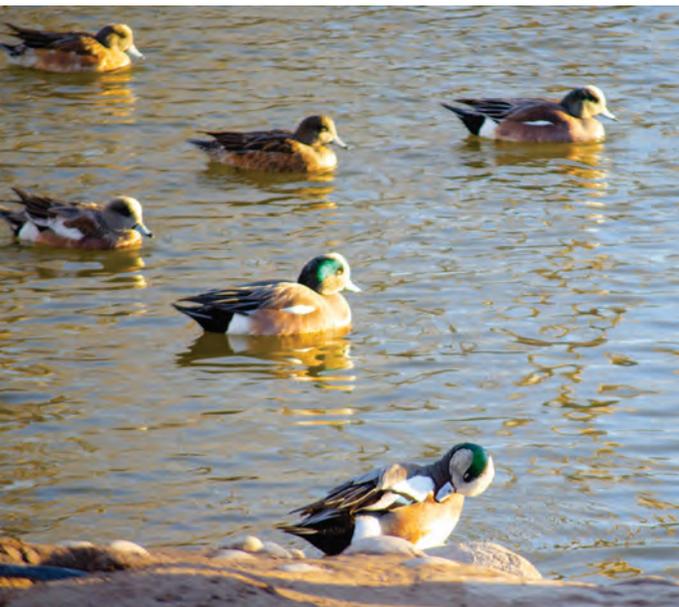
according to the seasons, and the domestic ducks on the golf course got nothing at all. For a long time, the Sanctuary was used mostly by migratory ducks. Then a few years ago when the city drained and enlarged the pond at the Spring River Park and Zoo, the domestic ducks at Spring River were transferred to the Sanctuary-Nature Center --- and were left there, forming a permanent domestic duck population. The city provides three months of bird feed for the Sanctuary, and locals kick in for the other nine months of feed. As church folks might put it, Ms. Boswell “got a burden” and “heard a calling” and developed a love for her birds and feels responsible for them. A few years ago, a turkey showed up at the park, and she fed it – and then somebody killed it. The Roswell newspaper did a story on the incident and interviewed her, and she was furious about the killing then, and she is still mad today and still misses her turkey.

For years, she has helped to provide three months of the feed for the Sanctuary, but she says that this is getting harder to do because the cost of the bird seed keeps rising. And she still provides for the golf course birds on her own. A friend helped her for several years, but now it’s just her, and it is a rare morning when she doesn’t make her rounds. If the weather is terrible – and the worst conditions rarely stop her – she drives to the intersection of 4th and Montana to feed the golf course ducks because these birds have no feeders as do the ducks in the Sanctuary.



Nobody told her to do this, and she didn’t volunteer for anything. It was a matter of seeing a need and filling it, and the birds of Cahoon Park and the Bird Sanctuary and the people of Roswell who enjoy them are the better because of her. On the dreariest January mornings when it’s cold and snowy, she is there, usually alone; on bright,

sunny June mornings when many of the park “regulars” are there to chat with her as she passes, she moves by on her way. All know her. The Bird Lady is passing through, and the ducks won’t be out on the street today.



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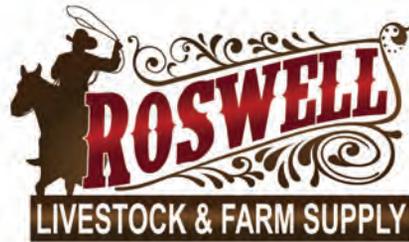
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Enjoy a One-Dish Wonder

By: Eva McCollaum

Ah, Springtime! A time when a person doesn't want to work AT ALL. Hey, all you cooks out there, why not trade the multiple-dish usual home cooking for the single bowl meal? Of course, any cooking is work, but clean-up from these delicious wonders is a breeze, especially since you can have folks serve themselves in the kitchen. Having people serve themselves will also allow folks to garish their meals with their favorite extras. It's like a picnic right there at home. (That's the way to sell it.) Let's start with soup.

I love soup. My favorite lunch when I was little was tomato soup with a grilled cheese sandwich. (Heck, that's still one of my favorite lunches.) Soups and stews may well be the best ways to work vegetables into the family menu. Soup brings out the versatility of ingredients. These ancient recipes also take advantage of the alchemy of food combinations which combine to be greater than the sum of their parts. Stationed squarely in the middle of the soup-stew continuum is the classic Chicken Corn Chowder.



This particular recipe begins with what Southern cooks refer to as the Trinity—chopped onions, peppers, and celery. Lots of folks will recognize the term “chowder” from having read Herman Melville's *Moby Dick*, in which he has a scene dedicated to cod and clam chowders. (I know all of us read *Moby Dick* our Junior year in high school, right?) This one leaves out the seafood but keeps the milk base and the use of potatoes. I also add some garlic, and to make it true to New Mexico, I throw in green chile.

This recipe also calls for pre-cooked chicken. I usually get mine from grilling some extra chicken thighs whenever I fire up my outdoor grill. I can store them in the refrigerator for a week or the freezer for months. However, in a pinch rotisserie chicken from the grocery store will work.



Chicken Corn Chowder

3 or 4 bacon slices

1 pound chopped cooked chicken

1 cup chopped onions

1 cup chopped celery

1 cup chopped bell pepper (Any color here will do—green, red, yellow, orange—They are all the same food.)

3 cloves chopped garlic

3 tablespoons roasted green chile

4 cups chicken broth

1 to 2 cups cubed potatoes

2 cups corn (fresh or frozen)

2 cups milk

1 cup shredded cheese (optional)

1 large avocado (optional)

1/4 cup chopped cilantro (optional)

3 chopped scallions (optional)

salt and pepper

Crisp fry the bacon in a Dutch oven or soup pot. It can be broken into small pieces and serve as a garnish when the soup is finished. Add onion to the bacon grease and sauté for 5 minutes. Add celery and bell pepper, and sauté for another 3 minutes. Add garlic and sauté for 1 more minute. Add green chile and broth. Bring to boil then reduce heat to allow the soup to simmer. Add the potatoes and chicken. Simmer for at least 20 minutes. Add corn and allow the soup to return to simmer. Stir in milk. (Some cooks add a little flour to the milk in order to thicken the chowder in its final stages, but I prefer this one without the thickener. The potatoes and corn give it plenty of body.) Allow the soup to simmer over very low heat. Add salt and pepper to taste just before serving.

It's nice to have the bowls and spoons right next to the stove along with the variety of garnishes (bacon, cheese, avocado, cilantro, scallions). I also cook up a pan of cornbread to go with the chowder. I think the corn in the soup and the cornbread work well together. This soup can stretch. It makes eight generous bowls.

Another staple of the one-dish galaxy is rice. This one-dish recipe built on the foundation of good rice taught me to love black-eyed peas which doesn't sound right, but trust me. My Grandma Jones claimed black-eyed peas were good luck and served them every New Year's Day. I wasn't a fan. I choked them down like pills. (I also never noticed ANY CHANGE in my luck.) This sublime version of rice with black-eyed peas is called Hoppin' John, a very Southern dish. I've tried lots of versions of it, but this one is my favorite. It begins with that very dependable Trinity.

Hoppin' John

- 3 to 4 slices of bacon (You can use oil if you don't want to use bacon fat.)
- 1 cup chopped onion
- 1 cup chopped bell pepper (any color)
- 1 cup chopped celery
- 2 chopped garlic cloves
- 2 tablespoons chopped roasted green chile
- 1 to 2 15-ounce cans of black-eyed peas (I just used one this year, but I have used two.)
- 2 cups basmati rice (thoroughly rinsed)
- 3 cups chicken broth
- bay leaf
- salt and pepper
- 2 cups chopped ham
- 3 chopped green onions
- 1/4 cup chopped cilantro
- 1 cup shredded cheese

Fry the bacon in a Dutch oven or soup pot. Remove the bacon and break into pieces for garnish later. In the bacon fat, sauté the chopped onion for 5 minutes. Add the chopped bell pepper and celery, sauté for one minute. Add garlic and sauté for half a minute. Add the rice. Let it sauté for 3 minutes. Add the broth, chile, bay leaf, half the green onions. Bring this combination to a simmer. Cover and let simmer 15 to 20 minutes. Take off lid, remove bay leaf, and stir in ham and black-eyed peas. Heat through (about 15 minutes). Season with salt and pepper to taste. (You can add cayenne and hot sauce if that sounds good to you.) Serve directly from pot and garnish with bacon, cheese, cilantro, and the rest of the green onions. Serve hot. It also goes well with cornbread.

Though I grew up with a highly limited love for cooked vegetables, I adore them fresh, and never are they better than when brought together in a big salad bowl. Salads can unite the most exotic and surprising flavor combinations. Have you tried fresh spinach with toasted pecans, strawberries, feta cheese and balsamic vinegar? AMAZING!

I first tasted this Thai Shrimp Salad during one of my many dieting phases. (That's right. This woman who has a million recipes for cookies, uses bacon fat to flavor soups, has never found a piece of bread she couldn't like, has spent a significant portion of her life looking for ways to "reduce caloric intake." In the words of Mary Pickford, "This thing we call failure is not the falling down, but the staying down." I want you to know I have not stayed down. Every pound I ever lost I managed to find again.)

I have now enjoyed this recipe for years. I use sugar in it. Almost all Thai recipes incorporate palm sugar (at least the ones I know). You can find genuine palm sugar at the Asian market on South Main. You can also substitute Stevia or Agave for the sugar in this recipe. One great thing about it. You can eat a metaphoric ton of shrimp and not consume a ton of calories.



Thai Shrimp Salad

- 1 handful of linguine or spaghetti
- 1 cup shredded carrot
- 1 pound sautéed shrimp
- 2 cups thinly sliced sweet lettuce (either butter or iceberg)
- 1/2 cup cilantro leaves
- 4 tablespoons dry-roasted peanuts
- For the dressing:
 - 1/2 cup fresh lime juice
 - 4 tablespoons finely chopped cilantro
 - 5 teaspoons sugar (or palm sugar or agave or 2 teaspoons stevia)
 - 2 chopped green onions
 - 4 tablespoons fish sauce (also called Nam Pla)
 - 4 teaspoons oil (peanut, vegetable, or grape seed)
 - 2 teaspoons grated ginger
 - 2 minced garlic cloves
 - 2 teaspoons smooth, natural peanut butter

Sauté the fully peeled shrimp in hot oil and (maybe) some sliced garlic for about three minutes. Cook the pasta until it has a firm bite but is cooked all the way through. During the last minute of the pasta's cooking, throw in the carrot. (I know this seems weird, but it softens the carrot just a little.) Consult the package instructions then rinse thoroughly in cold water to stop the cooking process and set aside. Combine this pasta with the shrimp, lettuce, cilantro leaves, and peanuts in a large bowl. In a small bowl, mix together the lime juice, chopped cilantro, sugar, green onions, fish sauce, oil, grated ginger, minced garlic, and peanut butter. Pour this dressing over the salad and toss thoroughly. Make sure everything is well combined. Serve.

I love this salad so much I almost always eat just enough of it to make me uncomfortable. Some people use unsalted nuts in this salad, and some salted. I like it both ways.

All these dishes can be used as a meal in a bowl, or they work well at a big potluck party. It's a type of delight to cook this way. It means you can have the kitchen pretty clean for service. Folks can serve themselves. If your family allows such indulgence, take the bowl and snuggle down on the couch and watch a good movie. Think of how lucky you are to have such luxury. Sleep well and have pleasant dream.



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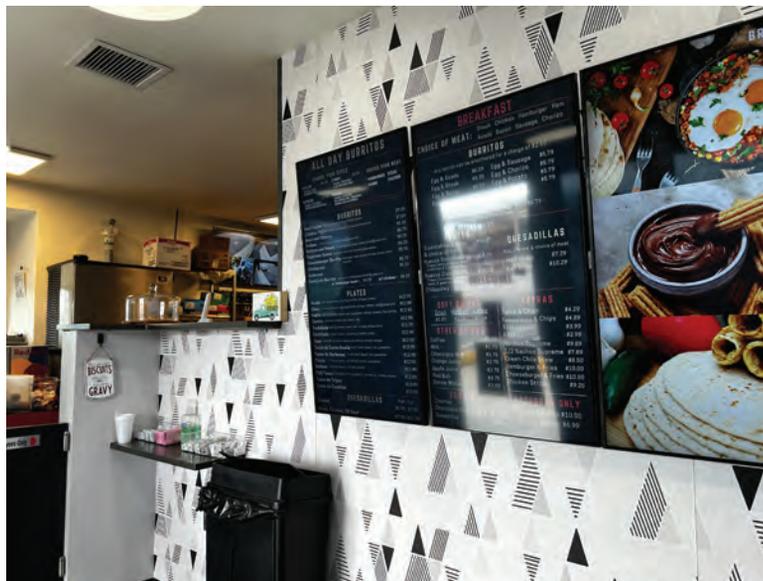


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Local Loves

Roswell's Green Fireball Mystery

By: John LaMay

This past February, the citizens of Earth bore witness to a green comet not seen since the Stone Age. It was spotted heading towards Earth by astronomers last March, and the icy celestial body was distinguished by its bright green glow. While certainly wonderous, and perhaps a little eerie, the green comet is not an enigma. What was a mystery, and still is, was the Green Fireball wave that occurred over the skies of New Mexico throughout the late 1940s and mid-1950s. Roswell, in particular, was a hotspot for Green Fireball activity.

The Green Fireball wave began in late 1948 when residents of Albuquerque began reporting sightings of what the Air Force believed to simply be green flares. (However, it should be noted that not all of the fireballs were specifically green, but all had strange, erratic behavior.) This would change on December 5, 1949, when a USAF C-47 saw two green fireballs in one night, one of which traveled upwards instead of descending downward. In nearby airspace over Las Vegas, NM, Pioneer Airlines Flight #63 also had a close encounter with a green fireball.

The sightings continued throughout December with a close proximity to New Mexico military bases. Fearing a Soviet or E.T. menace, the government turned to Dr. Lincoln LaPaz, who had reportedly investigated Roswell in 1947, to help investigate this new phenomenon. Just a little over fifty years old at this time, La Paz was a professional astronomer and a noted pioneer in the field of the study of meteors. Though he hailed from the Midwest, he came to New Mexico during WWII where he worked for the Air Force (notably, he investigated the Japanese Fu-Go balloon bombs that had reached the U.S.). By 1945, he was at the University of New Mexico where he founded the Institute of Meteoritics, which he served as director of all the way up until 1966. Despite his long list of achievements, most of the world remembers La Paz for the strange wave of Green Fireball sightings he investigated in the late 1940s and mid-1950s.

LaPaz would get to observe one of the fireballs himself near Los Alamos in December of 1948. LaPaz was not alone and was accompanied by USAF Capt. Charles L. Phillips and CAP intelligence officer Lt. Allan B. Clark. The three men saw the green fireball, which according to them also blinked on and off, heading at a straight trajectory before dropping down and splitting apart suddenly.

Sightings of Green Fireballs would occur nearly every evening in December of 1948 and January of 1949. A statement was made on January 13, 1949, by the Director of Army Intelligence from the Fourth Army Headquarters in Texas that speculated the green fireballs could be "the result of radiological warfare experiments by a foreign power."

Whatever they were, the biggest green fireball sighting took place on January 30, 1949, over a hundred mile radius from Albuquerque to Roswell. Though the press catered their coverage more so to Albuquerque, it was Roswell that had the most significant number of witnesses.

The Roswell Daily Record ran a story headlined "Meteor Flashing Across New Mexico Skies last Night Is Seen Here by KGFL Employees" and reported that KGFL employees Craig Wills and Eugene Rader both saw the celestial object. They described it as bluish white in color, and with a tail that was three times the dimensions of its main body. The paper reported, "Wills said that the meteor first appeared in the northeast traveling in a southerly direction and that it burst or 'went out' directly east of Roswell."

This gels with statements made by Raymond P. Platt, a serviceman at Walker Air Force Base, who gave a description of a bright white-blue object descending to the earth to Ufologist Kevin Randle for his book

A History of UFO Crashes years later. Platt said the object was splitting apart while flying in a downward trajectory towards Bottomless Lakes State Park. Although Platt himself told Randal he believed what he had seen was certainly not a flying saucer, his superior at WAFB would not tell Platt what it was that he saw because he wouldn't believe the explanation "even if he could tell him." Platt also stated that Dr. LaPaz was brought into Roswell to investigate the case.

Dr. LaPaz, while non-committal on just what the mysterious fireballs were, was adamant that they weren't normal celestial bodies, be they comets, meteors, or anything else. Furthermore, no fragments could ever be found where LaPaz concluded they should have fallen. LaPaz and the other experts' main concerns were to discern whether or not the fireballs were somehow of Soviet origin, but they also considered the theory that they could be some sort of experimental craft testing reentry into earth's atmosphere possibly linked to flying saucers. In the end this theory of the fireballs being of an artificial nature—be it Soviet or alien, although endorsed by LaPaz—would be rejected in favor of the idea that they were simply very unusual meteors. Today their true nature is still a mystery.

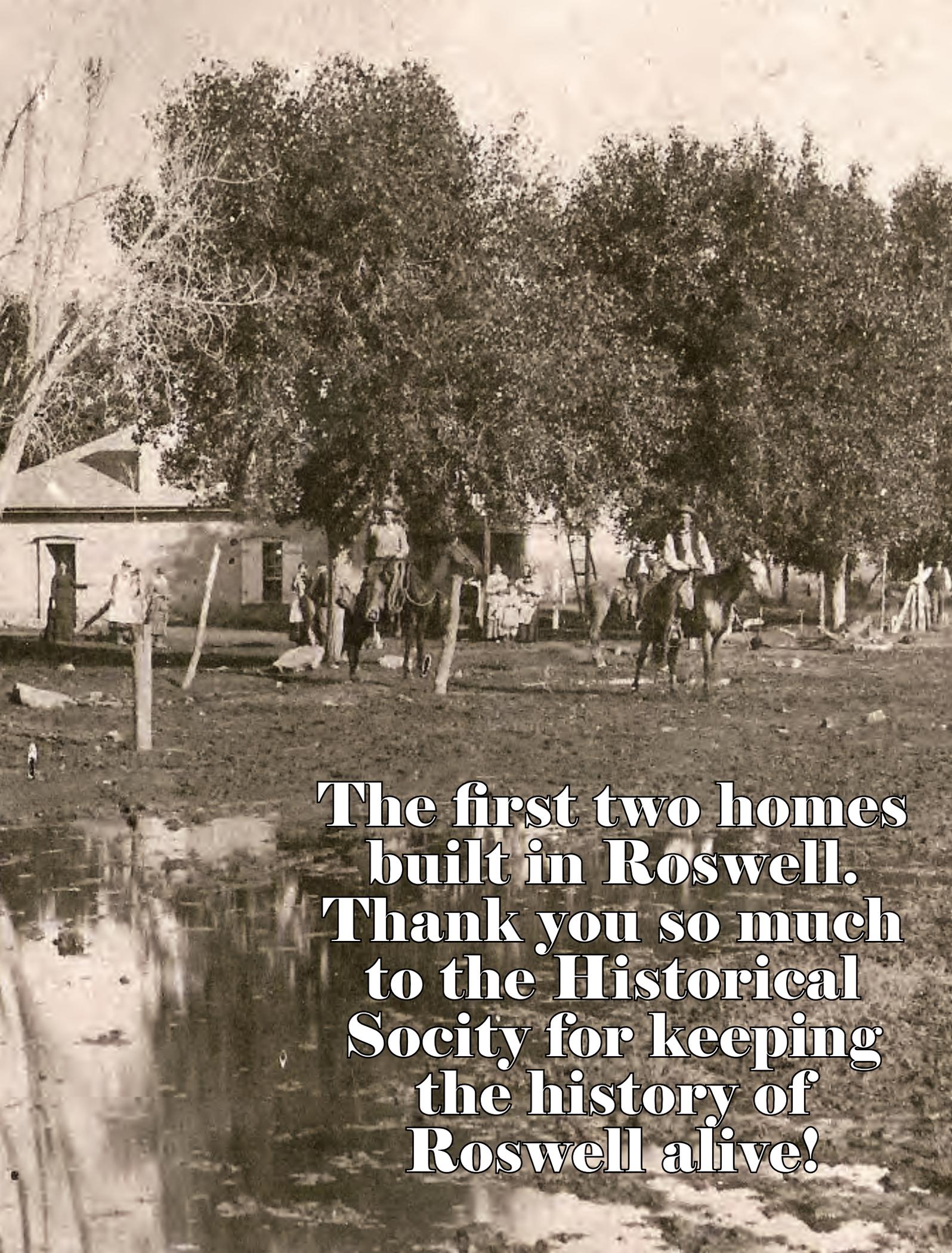


Dr. Lincoln LaPaz

**Both pictures are circa
1950s.**







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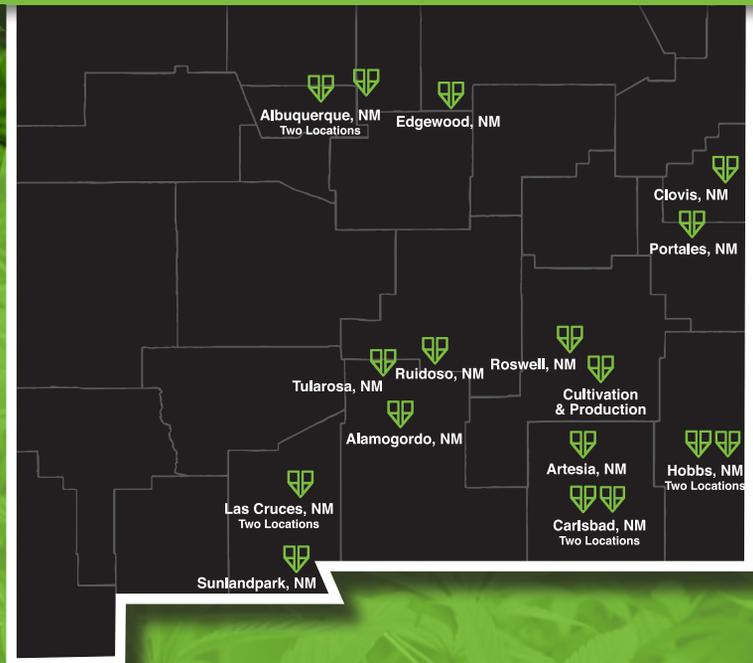


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Designed to Serve

By: Dan Jennings and Eva McCollaum

A new initiative has started that will support every child. With the title of County Connector, Dan Jennings has taken a leadership position in the new 100% Chaves County network. As part of a first-in-the-nation state-wide strategy to better serve all the children in New Mexico, each county will be working to improve the lives of children and their families. The initiative is based on Dominic Capello's seminal work and

publication (co-authored with Katherine Ortega, Ph.D.) *Anna, Age Eight: The data-driven prevention of childhood trauma and maltreatment*. By connecting ten areas of community support through intraorganizational communication, the system is designed to provide the best possible circumstances for children.

Capello asserts, "the environments our children grow up in and their parents navigate determine, to a large degree, their physical and emotional health, as well as their prospects for intellectual growth, good jobs, and longevity. Essentially, a well-resourced community is key to raising safe and successful families." He holds the position of Co-director of *Anna, Age Eight* (a program administered by the Extension Family and Consumer Sciences Department at New Mexico State University). His work suggests how to confront adverse childhood experiences, situations and incidents he calls ACEs.

Minimizing hunger, anxiety, abuse, neglect, mental illness, drug abuse, and instability in the lives of children is a worthy challenge. Further, happy and healthy children become the productive adults of their home communities.

Some of the causes of childhood suffering can be prevented by providing the basic needs of those in crisis. In order to survive, children need food security, stable housing, transportation, physical and mental health services. By uniting local organizations devoted to providing these, children will be less likely to face interventions from child protective services or police.

Ten individuals representing various organizations have joined the initiative. They are community connectors. LeeAnn Sandoval works with food

100%
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pantries, school nutrition programs, and others. She will continue to reduce food “deserts” and connect families with healthy foods. Erica Boggs stands ready to serve those in need of stable housing. Jennings explains, “Her team finds programs such as the New Mexico Home Fund which can help renters and owners who may face homelessness access services.”

Becky Hicks of Roswell Transit connects all sorts of folks to places they need to be. Transportation for doctor visits, bus passes for veterans, and funds for alternative transportation—she is ready to help. For general health care, dental work, and vision care, Tiffany Bailey-Armendariz believes “prioritizing health care...can heal a community.” For the invisible wounds of emotional suffering, Kimberly Byrne, a licensed social worker, knows what to do in a crisis, and what it takes to prevent one.

Seeking help can be intimidating, and not all troubles are crises. By bringing together people in an array of areas, 100% Chaves County plans to help people thrive as well. “The Chaves County Health Council provides the free 211 phone



service. With one call, navigators can help find the right services for needs and make referrals.”

Effective support extends past basic needs. In order to thrive, families need access to early childhood learning, primary and secondary schooling, and job training. Parental support and youth mentoring also contribute to children’s health and success.

Sally Green, the early childhood learning connector, knows all sorts of surprising ways to help families find the support they need. Kristen Salyards, Community Liaison for Roswell Independent School District, has access to the staff, faculty, and support systems available from the public schools. Curtis Clough, a job training specialist, dedicates himself to providing work skills for young people seeking to become productive in the community.

Beyond the availability of traditional education, parental support can prove invaluable. After all, parents have to guide children through a complicated world. A little extra support can make a big difference.

As Elva Burillo sees it, “There is no role more rewarding, or more challenging, than being a parent. Building up and expanding our community’s parent support will improve the lives of our children.” She will connect parents with professional assistance, especially for those with babies and toddlers at home. Lorrina Segovia knows how to connect mentors with ‘tweens and young adults. Chaves County has a plethora of mentoring programs—Big Brothers/Big Sisters, Boys’ and Girls’ Club, 4-H, Scouting, and more.

Jennings looks forward to, “building a better-together civic culture.” He invites all who might be interested in learning about or participating in the program to attend the 100% Chaves County Summit. It will be held on April 14th at the Roswell Convention and Civic Center. “Over 100 invited guests from the ten sectors will review data from the Family Survey and embark on innovative actions together.” In order to gather data and track progress, the group hopes everyone in Chaves County will take the family survey. Just visit www.100nm.org/Chaves. Click on the “begin” button and complete the survey. Available in English and Spanish, the first portion is completely anonymous. People can opt to provide contact information to participate in the initiative more thoroughly, and even become a recognized member of the connected community.

100% Chaves County celebrates the belief that every child is a priority. Dan Jennings believes, “Chaves County is 100% ready to tackle the challenge.”



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